



SHANGHAI REGO
International School
www.srisreggo.com

School Nurses



Care for Kids

Medical Handbook Parents Information Guide

Revised: May 2008

Dear Parents,

This is a general guideline regarding medical issues in the school. We have a expatriate nurses working from 08.00 to 17.00. Their main responsibilities are to provide First Aid care, administer medication and to prevent communicable diseases. They are not doctors, and therefore for a diagnosis please consult your child's doctor.



1-Immunisation:

Immunisation protects children and adults against illnesses.
Please see the Immunisation Calendar as a reference.

2-Screenings

The school offers a Dental check up provided by dentists. After the check up you will be notified if further treatment is required.
There will also be a Flu immunisation for a fee provided by a medical team.

3-Emergencies and accidents:

Emergencies and accidents do happen in spite of careful supervision of activities.

In case of minor accidents the school nurse is equipped with first aid supplies but in the event of a more serious accident the school will in the first instance try to contact the parents or emergency contact. Regularly update the information on file with the school with current telephone numbers so that in the event of emergency the appropriate person can be contacted quickly. The school nurse will contact parents by phone in all instances where a child requires / receives any treatment at the school or subsequently (if a parent cannot be contacted the nurse will immediately send an sms and email).

In case of a serious accident the child, with a staff member, will be evacuated to the nearest hospital. The parent will be contacted and asked to meet the child in the designated hospital.

The school does not provide personal accident insurance for pupils who have an injury at school. All families are required to provide comprehensive medical insurance for their children.

Nearest clinic:

Parkway Health,
2258, HongQiao Road/Hongmei road.
Tel: 62 42 42 44

Shanghai United Family Hospital
1139 Xianxia Road
Tel: 51 33 19 99

4- Child with a medical condition.

If your child has a food allergy please notify the teacher, school nurse and cafeteria.

If your child has an inhaler inform the teacher and school nurse.

For other medical conditions please notify the teacher and school nurse.

5- Medication.

The school nurse can administer medication to your child. Please write the name of your child, year and dosage on the pack and ask the child to send the medication after arriving to school.

6- Communicable diseases.

Infections are very common in childhood and are responsible for much of the illness for the under 5 years old. Susceptibility to infection in children is increased because the immune system is not fully developed and young children may lack prior exposure or complete immunisation to many agents. Please find the school policy on exclusion:

SCHOOL EXCLUSION POLICY

Students with the following conditions must be excluded from school attendance:

- 1- The students with symptoms or other manifestations of possible severe illness which may include (but are not limited to):
 - a- Fever
 - b- Difficulty breathing
 - c- Unusual lethargy
 - d- Unusually severe irritability

- 2- **Fever**, accompanied by behavior changes or other signs and symptoms of illness (such as sore throat, rash, vomiting, diarrhea, earache, irritability or confusion)
Fever is defined in school children as:
 - Rectal temperature: 38 C
 - Oral temperature: 37.5C
 - Axillary temperature: 37.2C
 - Ear temperature: 38 C

- 3- **Uncontrolled diarrhea** (3 or more loose stools in 24h period) or stools that contain blood or mucus, until symptoms are resolved or medical evaluation indicates that inclusion is acceptable.
Exclusion is not required if student is known to have these symptoms for a non – infectious condition. (Crohn’s disease).
- 4- **Head Lice or Nits.**
Exclusion of 1 day and may return only if totally cleared.
Final check up by school nurse.
- 5- **Rash** until a physician has determined that the illness is not a communicable disease.
- 6- **Varicella (Chickenpox) and Varicella-Herpes Zoster (shingles).**
Exclusion of 15 days from the start of symptoms.
- 7- **Purulent conjunctivitis** (defined as pink or red conjunctiva with white or yellow eye discharge, often with matted eyelids after sleep and eye pain or redness of the eyelids or skin surrounding the eye), until evaluated and treated.
- 8- **Infection with E coli o.157:h& or other shiga-toxin producing E.Coli** until diarrhea resolves and 2 stools culture are negatives
- 9- **Shigella infection**, until asymptomatic.
May return with a medical note.
- 10- **Salmonella typhi (typhoid fever) infection.**
May return with a medical note.
- 11- **Tuberculosis**, until the local health department authority or treating physician states that the student is non infectious.
May return with a medical note
- 12- **Streptococcal pharyngitis.**
May return with a medical note until afebrile and at least 24hours after treatment has been initiated.
- 13- **Scabies**
Until after treatment has been applied
May return with a medical note.
- 14- **Pertussis**
May return after a completion of 5 days of Antibiotic and with a medical note.
- 15- **Mumps**
May return 9 days after onset of parotid gland swelling and with a medical note

16- **Measles**

May return with a medical note until 4 days after onset of rash

17- **Rubella**

May return with a medical note until 7 days after onset of rash

18- **Hepatitis A** infection

Until 1 week after onset of illness or jaundice with a medical note.

19- **Non immunized school children must be excluded if exposed to:**

Measles

Mumps

Rubella

Pertussis

CHILDREN WITH THE FOLLOWING CONDITIONS DO NOT NEED TO BE EXCLUDED FROM SCHOOL:

- Mild upper respiratory tract infection as long as the student does not have a fever.
- Fifth disease. No longer contagious once the rash appears and they cannot be diagnosed with Fifth Disease before the rash appears.
- A red eye without a yellow or green discharge, fever or matting
- CMV infection
- Croup
- Pneumonia
- A rash without a fever
- Bronchitis
- Ear Infection
- Warts
- Pinworm
- Ringworm.



The UK Universal Immunization Schedule

2 months old	Diphtheria, tetanus, pertussis, polio and Hib (DTaP/IPV/Hib) Pneumococcal (PCV)	One injection One injection
3 months old	Diphtheria, tetanus, pertussis, polio and Hib (DTaP/IPV/Hib) Meningitis C (Men C)	One injection One injection
4 months old	Diphtheria, tetanus, pertussis, polio and Hib (DTaP/IPV/Hib) Pneumococcal (PCV) Meningitis C (Men C)	One injection One injection One injection
Around 12 months	Hib/meningitis C	One injection
Around 13 months	Measles Mumps and Rubella (MMR) Pneumococcal (PCV)	One injection One injection
Three years four months to five years old	Diphtheria, tetanus, pertussis, polio (DTaP/IPV) Measles Mumps and Rubella (MMR)	One injection One injection
13 to 18yrs old	Tetanus, diphtheria, and polio (Td/IPV)	One injection